## We believe human kindness.

We feel passionate about coming together to make kindness loud. Kindness is contagious, but the spark has to start somewhere. Why don't we start here? And why don't we start now?

#makeKINDNESSloud

I AM GOING TO...

ask a stranger how they're doing.

I AM GOING TO ...

make time to call an old friend.

I AM GOING TO...

mow a neighbor's lawn.

I AM GOING TO ...

pay for a stranger's coffee or meal.

I AM GOING TO...

ask a homeless person to share their story.

I AM GOING TO ...

buy a grocery store gift card and give it to a family in need.

I AM GOING TO...

write a thank you note to a former boss or teacher.

I AM GOING TO...

send flowers to someone just because.